Sanctuary inside the soul

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Abstract

“Sanctuary inside the soul” was created for a unity of aesthetics in a state of peace with the process of Graphic Arts creative thinking. It referred to the feeling of peacefulness inside the mental state which brought the condition of private room and installed by objects in light and shade that become the symbol of thought and style via the process of woodcut with the process of scraping, scrubbing and carving and in the process of printing that created with multicolor to purify their minds, leading to a goal as smooth and soft in unity of aesthetic, made a reflection of thought in peace as light of intelligence pointing to abandon the suffering and step to live peacefully.

Key Word: Pesefulness inside the mental state

Thesis is to study a feeling of peacefulness through sadness inside the soul by using human chaos and hard condition in life. The combination of semantic space or “characteristic physical space”, object, atmosphere, color, and time create the harmonization of shape and visual elements. This process presents the status of recluse, thoughtful, re-correct, record and keeping. Moreover, this process focuses on a recording of happiness, sadness and impression. Finally, it has been create the light visual woodcut which is so smooth and extremely neatly.

One of the reflections of this process is for helping reader to realize both happiness and sadness. Moreover, light visual object is for getting it for lead us to let go the cause of sadness. The most important is that to keep the happiness and let it guide our life with balancing of happiness from now on and for life in the future.

The continuing of chaos social and problem in life cause many effects to the feeling. There are many chaoses such as mental sickness. According to the bad effect of sandiness, it be touched my feeling and lead me to get an idea. These distressed conditions inspired me to open my eye widely with heart of a problem fighter. In addition; the sadness from people and problem has created a system of artistic creation that focus on the mind.
The process of this art thesis is the using semantic space or characteristic physical space express with the object, atmosphere, colors, occasion, and also the shapes or visual elements. All of these factors create sadness, happiness and impressive content symbols that are loneliness, thoughtful, reviewing, and maintaining and recording. Furthermore, the factors lead us to think about our impressions in the past and the mental peacefulness atmosphere. From above, we can say that this kind of process is the reflection of the adoption of principles or principles of life. We all may apply the truly principle from this process to lead us in our day life.

According to the article, I have created the two-dimensional printmaking art woodcut that has light and visual style. The light and visual woodcut is Consistent with special technical process. Moreover, this process has a really smooth, gently and finely that connect with an express of a refining of the mind. The polishing of mind may persuade a state of inner peace, calm the mind to concentrate our life time. According to the Zen philosophy, has said about a process of making tea which is so gently and neatly. Making a tea help and encourages the person to concentrate and calm. The main point is that calm and concentration will bring us about to our own way, self-discovery and see the truly goodness by ourselves.

From my own creative research trial strategy and process techniques, it may reflect a concept of consciousness and concentration. The neatly of art process, which are scraping, polishing and printing, are corresponding to the refine mind. In addition, it becomes the spiritual way of life that leads us to aesthetic beauty. The aesthetic beauty shows us dawn of sorrow and joy that cause many period and status in mind. Firstly, for us to bring an admonition, a guiding light of wisdom and to let go the things that cause distress. Secondly, to keep happiness for growing balances mental. Finally, to spent a peacefulness of living peacefully in life.

**Inspiration**

According to my own experiences, such as mental sadness from social chaos and negative conditions that adsorb into my mind caused a good effect of the create working. Studying on this study, I referred to the knowledge of philosophy of mental peacefulness and the balance of life time spending. Moreover, I applied the woodcut technique to link with the mind refining that cause sanctuary inside the soul.
The purpose of creation

1. To create the art of woodcut under content of making physical space by adding feeling and linking content of expressing technique.
2. To study and to searching the peaceful mental feeling.
3. To study the eastern philosophy under content of a peaceful balance living.
4. To study the harmonization of shape and visual elements that show a loan, thoughtful, reviewing and recording status. Moreover, study a storing of welfare and impressive stories.

Scope of Study

1. Content

The creative concept is the nature space with inside contents. The combination of shape, meaning, thought and expression influence the feelings associated with physical objects, colors and atmosphere of the time with consistency. Focus on the core issues of peace, balance, simplicity of life.

2. Format

Creative woodcuts 2-dimensional semi-abstract style under by offering exquisite soft conditions to strive to put the troubled heart in a warm atmosphere. Peace is the perfect harmony Unity (Unity) in aesthetics.

3. Technical

Creating woodcuts (Woodcut), which is the only technique that gives a sense of resolution touch surfaces with light eyes. Promoting content and technical issues to express how using grated finely polished expression in accordance with the technical process.

Creative process

1. To gather all information, First of all, I had shooting some pictures in an empty room. Second, I combined the information with the room feature that influencing promote a sense of calm and a warm atmosphere. Then, I selected contextual meaning and symbolic objects. Finally, I collocated all objects in the room in a joint context and save up all information by shooting.
Figure 1: Photos physical prototyping space (sketch).

2 To customize the photos by using a knowledge of harmonization of shape and visual elements. These objects were expressed by the sense of a loan, thoughtful, reviewing and recording status, a storing of welfare and impressive stories.

Figure 2: Creating a prototype preview sketch.

3 To create the woodcut, extending, adjusting, and improving from the master images for the future purpose.

4 To fix the problems, receive advises and presents an art thesis, I brought and presented the art thesis to my advisor.
The process of creation

1. One master image by expanding the size of the actual need.
2. Copy the master image mesonite the size of a sketch.
3. Pen ink chemistry figure over again to maintain the sketch lines intact.

![Figure 3: Preview the draft prepared mesonite.](image)

4. Using vegetable oil coated the mesonite in generous quantities, not too little, not over moist.
5. Prepare a cotton fiber paper (FABIANO Printing paper) to the size that exceeds the mesonite slightly. And the positioning The layer printed paper to prevent movement.

![Figure 4: Preview preparing paper](image)
6. Using color inks, oil infection (Printing Ink) using a trowel to mix colors in light weight, the amount based on the number printed on the table are very slippery and strong like marble, glass

![Image of color combination](image1.jpg)

Figure 5: Preview color combinations

7. Use a rubber (rubber roller printmaking), smooth paint roller in generous quantities. Not too wet And not too little of each roll.

8. Remove the mesonite roller rolling over the mold. The plane uniformly Not too thin or too thick

![Image of printing process](image2.jpg)

Figure 6: Preview printing process

9. Cotton fiber paper placed on a predetermined position to fit. Do not deviate even a single point then lock with a paper clip to prevent movement then roll out fiber cotton.
10. Remove the mesonite paint roller then paste it to fit a predetermined position fit Then close the paper cotton fiber paper attached to the plane surface mesonite evenly across each of the barrel (baren) rubbing on the paper The paper next to the mesonite surface.

11. Lift the mesonite with the paper placed on a printing press (Cylinder Press) is clean. Then felt (woolen fabric) comes on top of the paper.

12. Determines firmness of the printing press to force a uniform balance. Then rotate them regularly presses Do not stop during printing. Until the End.

13. Rolls of Woolen fabrics fully open, then gradually open the paper out. Please use caution Do not get broken and soiled paper
14. The case of the print can be set as desired.
15. The printing process, the first weight successfully, then the mesonite wash with Pine oil clean.
16. Printing began the process in weight to the weight print 1 dry.
17. Remove the mesonite to create a trail by woodcut tools with a gentle scraping, sanding delicately positioned with light weight as possible. Clean up the mesonite.

18. Color led weight first and then the color you want to paint diluted with weights. 1 mix ratio by one to 30, then the mixture is homogeneous, then the weight. The difference is not much changed from the original weight. Using a guess as needed.
Figure 11: preview Each color image.
Creative technique and Equipment

1 Mesonite or pressed paper that has smooth and soft texture suite for create a soft surface wood.

2 Chemical ink pens were used for sketch figures on the mold.

3 Vegetable oils were use for coating oil to seep into the mold. Furthermore, for an easy scraping to mold and create a soft surface on it.

4 Imported FABIANO printing papers were used for prints. Also, these papers have good qualities for absorb inks very well. For creating the color printing, paper is one of most important because it has to re-print several times.

5 Offset printing inks, which has a good point of absorb the papers. The offset printing inks have clear balance and complex surface, so it can create well weight of prints.

6 Durable blending trowels were used to mix paint colors easily.

7 Rubber rollers were used for rolling paint evenly and in the same plane.

8 The molds block is used for placing molds in same position with printing papers, so the image does not move around when printing.

9 Baren is a material made of bamboo in Japan which used to rub the back of paper so that the color of mold absorb in paper.

10 printing press Press is used for printing on mold onto paper, also, the use of compression mold block to move through the rollers. When roll and press, pressure will be intense, smooth, and consistent in same points on a paper sheet.

11 The Woolen fabrics or "flannel" which is made of synthetic fur weaving fabrics. It was used for printing on a printing press for the good result of the uniformity of surface weight.

12 When the creative process has finished, during the cleaning process, pine oils were used for wash the molds and the printing color.

13 Woodcut tools were used of create surface of the woodcut by scraping.

14 Sandpaper is for create the surface.
According to all above contents, can be sum up that the creation of an art thesis on the topic “Sanctuary inside the soul” is the achievement of the study and the master degree creative thesis of Silpakorn University. The thesis has set goals, concept, style, technique and content that apply from knowledge of the study. Also, this thesis was improved to make the benefits to both myself and to the society.

While working on the thesis, I have applied the idea of the peacefulness which focuses on the expression within the context of calm interior space. The concept of peacefulness is as same as all human’s mind and feeling. It is true that the pursuit of happiness and peacefulness is fact of human nature. In the words of Thera Shen Yun, who is the Buddhist monk of Thoa Gwang Sunn temple, said that “A society in this age is the chaos society and competitive society, so it is not a surprise why majority of people are stress easily from the surrounding environments.” “Every situation happens because of your mind. Life has many shadows, happiness, sadness or peacefulness; it is all depending on your mind and heart. But if we change our view and wisdom, we will see new light thing that have some good sides of bad situations, good thing that can lead our life full fill with happiness.” “In the time of awaken or enchantment, it is all in our mind. Human mind will change into the dark black cloud or as bright as blue cloud that is all our light wisdom to lead our brighten life.”
The expression within the thesis is reflected the conditions of a releasing condition and accepting the nature of peacefulness. By the expression, an abstract using is control the space and objects by use both concrete and the abstract meaning of symbolic. Also, to place the objects neatly is as same as the knowledge of applying or throwing out the trouble.

In daily life, mental condition is base on our situation that reflects on the thoughtful, the sadness story, and happiness. The human principle is extremely important to aim to our life. So, the use of principle is the life beginning of balancing and keeping happiness to lead our everyday life in the future. In part of the thesis artwork creativity is made for communicate simple gladness of the feeling between mind and the way of life. Moreover, the process of special technique of woodcut prints is created for the proper creation in accordance with the expression.

In addition, in the success of a study and the art thesis creativity of the topic: “Sanctuary inside the soul” has continued into one of my impressive and perfect creative art thesis. Along with all contents and all above details, may conclude that the result of the process is compliance with the purpose of the study. There are reasons of its successes; the purpose and concept is consistent to the complex content that is included in the language of feelings or abstract. Lastly, the way of aesthetic style revealed the retention sustainable peace and balance in our life and accepting the nature of peacefulness. By the expression, an abstract using is control the space and objects by use both concrete and the abstract meaning of symbolic. Also, to place the objects neatly is as same as the knowledge of applying or throwing out the trouble.

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Bibliography


