



SMJ

Siriraj Medical Journal

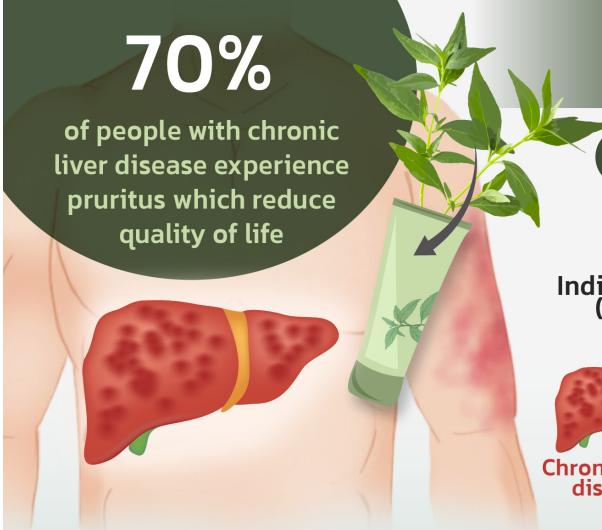
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ORIGINAL ARTICLE REVIEW ARTICLE

MONTHLY

70%

of people with chronic liver disease experience pruritus which reduce quality of life



Efficacy of Topical Andrographis Paniculata Extract for Pruritus in Chronic Liver Disease

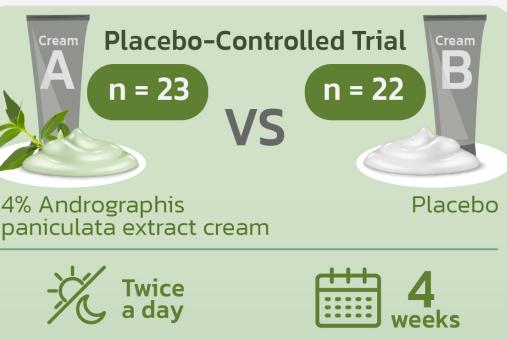
Method

45

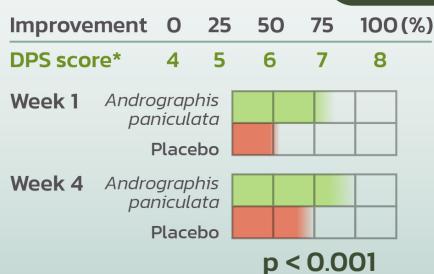
Individuals randomly (> 18 years old)
(1:1)



Chiang Rai Prachanukroh Hospital
(2021 – 2024)



Results



* The Dynamic Pruritus (DPS) Score measures the overall change in pruritus (itching) from the start of treatment to the present, expressed as a score.

No adverse effects were reported throughout the study.

Conclusion

Andrographis paniculata topical extract is a reliable and efficient remedy for alleviating pruritus in people with chronic liver disease.

Larger sample numbers and longer follow-up times are required for future research to validate these findings.



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